

Providing vital equipment in the fight against cancer
A report prepared for The Chartwell Cancer Trust

May 2021

Introduction

The Chartwell Cancer Trust has been proud to support a Cell Culture Research Laboratory at King's since its inception in 2018.

With the long-term aim of developing therapies to support better patient diagnosis, care and treatment, the lab is already making huge advancements in understanding why people develop Leukaemia.

Understanding Haematological Disorders

One of main lines of investigation in the lab is the study of ineffective erythropoiesis (i.e. deficient blood cell generation in our body). This dysfunction is a pathological feature of pre-leukemic disorders called myelodysplastic syndromes and Diamond-Blackfan anaemia.

In cases of these diseases, the inherited mutations in the DNA disrupt the pathway that produces red blood cells causing the cells to die. This results in loss of production of red blood cells and subsequent anaemia (a lack of oxygen rich blood around the body). The blood system goes into overdrive trying to produce more and more red blood cells to

alleviate the anaemia. If, these cells pick up more mutations, for example with age or through smoking, the overdrive then becomes uncontrollable turning into Leukaemia.

The cutting-edge of Cell Culture Research

In studying ineffective erythropoiesis in haematological disease, it is important to work with and manipulate blood cells at all stages along the differentiation pathway.

In this work, cell lines are an invaluable research tool whereby patients' cells are taken and modified genetically in order to propagate them indefinitely in the lab under controlled conditions. Gene-editing – a very recent technology that has taken the field by storm-can then be used to “surgically” intervene at any specific location in our DNA to dissect the genetic basis of disease.

This painstaking cell research and analysis is only made possible with very specialist equipment which has been procured through funding from The Chartwell Cancer Trust.



The biosafety cabinet

In cell culture, the cells are grown under controlled and sterile conditions, outside their natural environment. After the cells of interest have been isolated from living tissue, they need to be maintained under carefully controlled conditions to ensure they do not become contaminated with microbes.

The two laminar-flow hoods (or biosafety cabinets) donated by The Chartwell Cancer Trust provide an aseptic work environment necessary for cell culture and experimentation, through the containment of infectious splashes or aerosols that can be generated by the environment.

ChemiDoc MP Imaging System

As molecular biologists, the team at King's works with the tiny molecules of life, namely, DNA, RNA and proteins which cannot be seen directly.

Visualisation of these molecules in experimental work using dyes and stains is critical to check whether manipulations of these molecules have been effective.

To achieve this, the Chartwell Cancer Trust enabled the purchase of a brand-new Imaging System that allows the visualisation, quantitation and storage of images of the “stained”, or labelled, molecules of life as part of day-to-day experimental work.

This compact piece of apparatus, used in many modern laboratories, allows immediate visualisation of proteins and DNA and can instantly detect and analyse specific proteins and DNA in a sample prepared from tissue or cells. It is also more environmentally friendly as it doesn't use any harmful chemicals.

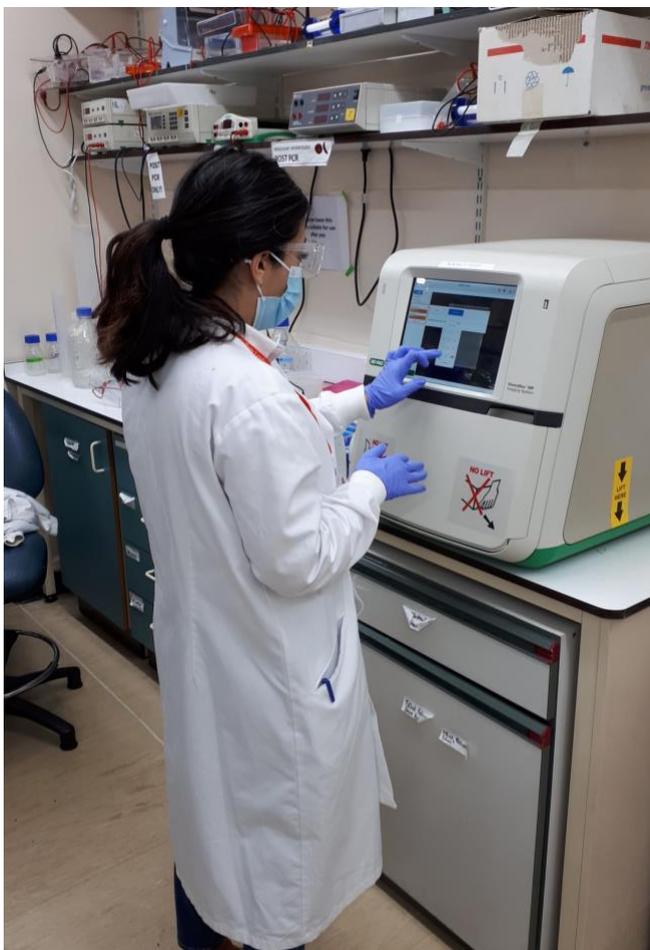
These pieces of state-of-the-art equipment are now integral parts of the laboratory and have enabled an exciting new phase of cell culture research at King's.



Investing in infrastructure

Beyond the current research underway, the cutting-edge infrastructure within the laboratory has also been instrumental in securing funding for future work.

Head of the Research Lab Professor John Strouboulis recently secured a two-year grant from Action Medical Research Trust as well as a Marie Curie EU Fellowship grant, amongst others, which would not have been possible without evidence of a high specification fully equipped facility already in place.



Impact in perpetuity

Funding for apparatus of this nature will bring cumulative impact over years of use. In addition to being used by a team of scientists, the equipment is also used for training clinicians and early career scientists – delivering huge benefits to scientific research long into the future.

Enabling enhancement together

To continue advancing their vital work with cell culture, the laboratory team recently approached the Trust about a next phase of funding to invest in further specialist apparatus.

The first piece of equipment is a Hypoxic Cell Culture Incubator which simulates the hypoxic (low oxygen) bone marrow environment where blood cells are generated and allows for manipulation of conditions to study red blood cell generation and dysfunction in pathologies such as sickle disease.

Additionally, a specialist tissue culture light microscope and camera will allow the team to record the cells' images that they observe as part of their experiments. Both instruments will greatly enhance the functioning of the laboratory and the precision and efficacy of research methods and outcomes.

Based on the successes and impact of the laboratory to date, the Trust has been able to approve the request and award the funding needed for this further investment to go ahead.



“We are delighted to have been able to support this incredible research lab from its inception and to continue to do so. It is a such a critical field and we are so proud to be able to get behind it. This is our stake in the future so our children and grandchildren can get the benefit in years to come.”

Michael Douglas, Senior Trustee, The Chartwell Cancer Trust

“It is uncommon that research grants are awarded for the funding of equipment, despite this being such a critical resource. The Chartwell Cancer Trust has been a missing piece to the jigsaw puzzle and we are hugely appreciative of the ongoing support and investment that they have been able to make.”

Nikki Lee, KCL Development Team

“The support by the Chartwell Cancer Trust has been instrumental in setting up our new research lab and enabling us to carry out experimental procedures that are at the core of our research activities. The new donation will extend and further enhance the investment made by the Trust in the Cell Culture facility in our lab”.

Professor John Strouboulis, Chair in Molecular Erythropoiesis, School of Cancer & Pharmaceutical Sciences



Meet the team

Professor John Strouboulis

Professor John Strouboulis is Chair in Molecular Erythropoiesis within the School of Cancer & Pharmaceutical Sciences at King's. Professor Strouboulis leads research in the transcriptional and epigenetic regulation of erythropoiesis and translational research in sickle cell disease. He heads up a team of four researchers.



Dr Helen Heath

Helen Heath is a Postdoctoral Research Associate in the lab of Professor Strouboulis. She obtained her PhD in Molecular Biology from Erasmus University Medical Center in Rotterdam, Netherlands and has held several research positions with Cancer Research UK, Queen Mary University of London and the University of Cambridge, before joining King's. Dr Heath has significant research experience in gene regulation, epigenetics and inflammatory disease.

Dr Cecilia Ng

Dr Cecilia Ng is a Clinical Research Fellow pursuing a PhD in the Red Cell Group of King's. Dr Ng is a paediatric haematologist and obtained her Medical Degree from Warwick University. Dr Ng also has a BSc in Neuroscience from UCL and has previously worked in the biotech industry. Dr Ng is currently engaged in a project utilising gene editing approaches to functionally test genetic variation and severity of sickle cell disease using cellular models of human erythropoiesis.



John-Mario Roussis

John-Mario Roussis obtained a BSc in Biochemistry and Genome Science and an MRes with Distinction in Biochemistry, both from the University of Portsmouth. He joined Professor Strouboulis's lab in Crete in 2015 and moved with Professor Strouboulis to King's in 2018. His research interests include gene regulation, chromatin structure and erythropoiesis. Mr Roussis is registered for a PhD with the University of Crete.



Helen Rooks

Helen Rooks obtained a BSc in Biology from the University of Hull and has been working with the Red Cell Group at King's as a Research Associate since 2006. During this time, Ms Rooks has been investigating the genetic basis of severity in sickle cell disease and has published extensively on this topic. Ms Rooks is also the curator of DNA stock and blood samples from sickle cell patients, and responsible for the maintenance of data archives for all DNA stocks.



The team are based at the Rayne Institute, situated at King's Denmark Hill site, which also houses King's College Hospital NHS Foundation Trust. Both King's College London and King's College Hospital together with Guy's & St Thomas' and the South London & Maudsley NHS Foundation Trusts makes up **King's Health Partners** – one of a handful of Academic Health Sciences Centres in the UK, where world-class research, education and clinical practice are brought together for the benefit of patients.